# COVID-19 Personal Protective Equipment: Doffing

**(Edited 03/12/2020)**

**Doffing Step 1: Perform Hand Hygiene**
- Perform hand hygiene on the patient care gloves for a minimum of 20 seconds or until the hand sanitizer is dry



**Doffing Step 2: Doff Gown**
- Carefully untie the gown at the waist and neck
- Doff the gown folding the outside of the gown tightly inward into a ball to contain the contaminated side
- Once your gown is contained, separate the gown from the gloves and place gently into the linen hamper

**Doffing Step 3: Gloves**

- Remove the gloves utilizing "glove in glove" technique
    - Take your dominant hand and pinch the palm of the non-dominant hand and remove glove
    - Ball the removed glove into the hand of the remaining glove
    - Slide pointer finger of the free hand under the cuff of the remaining glove and remove
    - Place gently into the waste

**Doffing Step 4: Perform Hand Hygiene**

- Perform hand hygiene for a minimum of 20 seconds or until the hand sanitizer is dry



**Doffing Step 5: Face Shield**

- The last item of PPE to come off in the patient care area is the face shield.
- To remove it, bend slightly forward and grasp the elastic head band on both sides of your head and pull it forward and away from your face.
- Place the face shield gently into the waste face down.

**Doffing Step 6: Exit the Patient Care Area**

- As you exit the only item of PPE remaining is your N95 respirator.
- Exit the patient care room by opening the door, stepping out, and ensuring the door immediately and completely closes behind you.



**Doffing Step 7: Perform Hand Hygiene**

- Perform hand hygiene for a minimum of 20 seconds or until the hand sanitizer is dry



**Doffing Step 8: N95 Respirator**

- Lean near waste container and remove N95 one strap at a time
- First remove the bottom strap of the N95 with both hands and let dangle
- Then remove top strap of N95 with both hands and place gently into the trash



**Doffing Step 9: Perform Hand Hygiene**

- Perform hand hygiene for a minimum of 20 seconds or until the hand sanitizer is dry